

Powerlifting													
Age Class: T-A		Classic Raw			Raw			Single Ply			Multi Ply		
44	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
48	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
52	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
56	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
60	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
67,5	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
75	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
82,5	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
90	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
100	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
110	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
SHW	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0

Powerlifting													
Age Class: T-B		Classic Raw			Raw			Single Ply			Multi Ply		
44	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
48	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
52	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
56	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
60	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
67,5	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
75	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
82,5	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
90	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
100	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
110	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
SHW	Squat	0	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0	0

GPU-Rekorde

Age Class: T-C	Classic Raw			Raw			Single Ply		Multi Ply		
44	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
48	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
52	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
56	Squat	95	Daria Feofanova	IPL World Cup 2022	0	0	0	0	0	0	0
	Bench	40	Daria Feofanova	IPL World Cup	0	0	0	0	0	0	0
	Dead	112,5	Daria Feofanova	IPL World Cup	0	0	0	0	0	0	0
	Total	232,5247,5	Daria Feofanova	IPL World Cup	0	0	0	0	0	0	0
60	Squat	112,5	Nicole Enin	IPL World Cup 2022	0	0	0	0	0	0	0
	Bench	55	Nicole Enin	IPL World Cup 2022	0	0	0	0	0	0	0
	Dead	130	Nicole Enin	IPL World Cup 2022	0	0	0	0	0	0	0
	Total	297,5	Nicole Enin	IPL World Cup 2022	0	0	0	0	0	0	0
67,5	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
75	Squat	90	Charlyce Idler	DM 2020	80	Charlyce Idler	DM 2020	0	0	0	0
	Bench	50	Charlyce Idler	DM 2020	47,5	Charlyce Idler	DM 2020	0	0	0	0
	Dead	100	Charlyce Idler	DM 2020	100	Charlyce Idler	DM 2020	0	0	0	0
	Total	240	Charlyce Idler	DM 2020	217,5	Charlyce Idler	DM 2020	0	0	0	0
82,5	Squat	82,5	Lisa Linser	DM2021	0	0	0	0	0	0	0
	Bench	45	Lisa Linser	DM2021	0	0	0	0	0	0	0
	Dead	100	Lisa Linser	DM2021	0	0	0	0	0	0	0
	Total	227,5	Lisa Linser	DM2021	0	0	0	0	0	0	0
90	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
100	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
110	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
SHW	Squat	115	Hannah Hoppe	DM 2020	0	0	0	0	0	0	0
	Bench	55	Hannah Hoppe	DM 2020	0	0	0	0	0	0	0
	Dead	125	Hannah Hoppe	DM 2020	0	0	0	0	0	0	0
	Total	295	Hannah Hoppe	DM 2020	0	0	0	0	0	0	0

GPU-Rekorde

Age Class: Jun	Classic Raw			Raw			Single Ply		Multi Ply		
44	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
48	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
52	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
56	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
60	Squat	82,5	Elisa Blesin	DM2022	0	0	0	0	0	0	0
	Bench	45	Elisa Blesin	DM2022	0	0	0	0	0	0	0
	Dead	102,5	Elisa Blesin	DM2022	0	0	0	0	0	0	0
	Total	230	Elisa Blesin	DM2022	0	0	0	0	0	0	0
67,5	Squat	115	Anna Dierks	DM 2018	110	Anna Dierks	EM 2017	0	0	0	0
	Bench	55	Anna Dierks	DM 2018	50	Anna Dierks	EM 2017	0	0	0	0
	Dead	130	Anna Dierks	DM 2018	127,5	Anna Dierks	EM 2017	0	0	0	0
	Total	300	Merve Demirli	DM 2018	287,5	Anna Dierks	EM 2017	0	0	0	0
75	Squat	145	Anna Dierks	DM 2019	115	Anna Dierks	WM 2018	0	0	0	0
	Bench	77,5	Anna Dierks	DM 2019	72,5	Anna Dierks	WM 2018	0	0	0	0
	Dead	165	Anna Dierks	DM 2019	147,5	Anna Dierks	WM 2018	0	0	0	0
	Total	387,5	Anna Dierks	DM 2019	335	Anna Dierks	WM 2018	0	0	0	0
82,5	Squat	120	Merve Demirli	DM 2019	0	0	0	0	0	0	0
	Bench	45	Merve Demirli	DM 2019	0	0	0	0	0	0	0
	Dead	120	Merve Demirli	DM 2019	0	0	0	0	0	0	0
	Total	285	Merve Demirli	DM 2019	0	0	0	0	0	0	0
90	Squat	0	0	0	175	Steven Körner	WM 2018	0	0	0	0
	Bench	0	0	0	130	Steven Körner	WM 2018	0	0	0	0
	Dead	0	0	0	235	Steven Körner	WM 2018	0	0	0	0
	Total	0	0	0	540	Steven Körner	WM 2018	0	0	0	0
100	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
110	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
SHW	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0

GPU-Rekorde

Age Class: Ope	Classic Raw			Raw			Single Ply			Multi Ply		
44	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
48	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
52	Squat	90	Sylvia Schmidt	DM2023	0	0	0	0	0	0	0	0
	Bench	52,5	Sylvia Schmidt	DM2023	0	0	0	0	0	0	0	0
	Dead	115	Sylvia Schmidt	DM2023	0	0	0	0	0	0	0	0
	Total	252,5	Sylvia Schmidt	DM2023	0	0	0	0	0	0	0	0
56	Squat	115,5	Heidrun Woltjen	DM2022	87,5	Franziska Rieder	DM2022	0	0	0	0	0
	Bench	55	Heidrun Woltjen	DM2022	50	Franziska Rieder	DM2022	0	0	0	0	0
	Dead	140	Heidrun Woltjen	DM2022	120	Franziska Rieder	DM2022	0	0	0	0	0
	Total	310,5	Heidrun Woltjen	DM2022	257,5	Franziska Rieder	DM2022	0	0	0	0	0
60	Squat	155	Marina Schermer	DM2023	105	Linda Koch	DM 2017	0	0	0	0	0
	Bench	100	Marina Schermer	DM2023	57,5	Linda Koch	DM 2017	0	0	0	0	0
	Dead	155	Marina Schermer	DM2023	110	Maya Avalos	DM2022	0	0	0	0	0
	Total	410	Marina Schermer	DM2023	267,5	Linda Koch	DM 2017	0	0	0	0	0
67,5	Squat	130	Sabrina Petereit	DM2023	135	Franziska Gattke	DM 2019	0	0	0	0	0
	Bench	77,5	Elisa Heinemann	DM2023	77,5	Franziska Müller	DM2022	0	0	0	0	0
	Dead	155	Selin Gencer	DM2021	170	Sandra Vilkiene	IPL World Cup 2022	0	0	0	0	0
	Total	345	Samantha Sandner	DM2023	377,5	Sandra Vilkiene	IPL World Cup	0	0	0	0	0
75	Squat	237,5	Denise Herber	DM2021	107,5	Rebekka Thomas	DM 2019	0	0	0	0	0
	Bench	127,5	Denise Herber	DM2021	62,5	Rebekka Thomas	DM 2019	0	0	0	0	0
	Dead	242,5	Denise Herber	DM2021	145	Rebekka Thomas	DM 2019	0	0	0	0	0
	Total	607,5	Denise Herber	DM2021	315	Rebekka Thomas	DM 2019	0	0	0	0	0
82,5	Squat	225	Nadia Otter	EM 2018	135	Rebekka Thomas	DM 2020	0	0	0	0	0
	Bench	150	Nadia Otter	EM 2018	110	Katrin Ribb	DM2021	0	0	0	0	0
	Dead	120	Nadia Otter	DM 2018	160	Rebekka Thomas	WM 2019	0	0	0	0	0
	Total	622,5	Nadia Otter	DM 2018	370	Katrin Ribb	DM2021	0	0	0	0	0
90	Squat	212,5	Nadia Otter	DM 2017	0	0	0	0	0	0	0	0
	Bench	142,5	Nadia Otter	DM 2017	0	0	0	0	0	0	0	0
	Dead	245	Nadia Otter	DM 2017	0	0	0	0	0	0	0	0
	Total	600	Nadia Otter	DM 2017	0	0	0	0	0	0	0	0
100	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
110	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
SHW	Squat	182,5	Petra Hoffmann	EM 2017	0	0	120	Anita Riedl	DM2021	0	0	0
	Bench	90,5	Petra Hoffmann	EM 2017	0	0	80	Anita Riedl	DM2021	0	0	0
	Dead	182,5	Petra Hoffmann	EM 2017	0	0	120	Anita Riedl	DM2021	0	0	0
	Total	455,5	Petra Hoffmann	EM 2017	0	0	320	Anita Riedl	DM2021	0	0	0

GPU-Rekorde

Age Class: M-1	Classic Raw			Raw			Single Ply			Multi Ply		
44	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
48	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
52	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
56	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
60	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
67,5	Squat	110	Barbara Ritzer	DM2021	90	Marlen Watson	DM2022	0	0	0	0	0
	Bench	65	Barbara Ritzer	DM2021	47,5	Marlen Watson	DM2022	0	0	0	0	0
	Dead	125	Barbara Ritzer	DM2021	125	Marlen Watson	DM2022	0	0	0	0	0
	Total	300	Barbara Ritzer	DM2021	262,5	Marlen Watson	DM2022	0	0	0	0	0
75	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
82,5	Squat	0	0	0	0	0	0	180	Halla Rún Friðriksdóttir	EM 2016	0	0
	Bench	0	0	0	0	0	0	132,5	Halla Rún Friðriksdóttir	EM 2016	0	0
	Dead	120	0	0	0	0	0	190	Halla Rún Friðriksdóttir	EM 2016	0	0
	Total	0	0	0	0	0	0	502,5	Halla Rún Friðriksdóttir	EM 2016	0	0
90	Squat	0	0	0	155	Alexiz Lewis	DM2023	0	0	0	0	0
	Bench	0	0	0	80	Alexiz Lewis	DM2023	0	0	0	0	0
	Dead	0	0	0	220	Alexiz Lewis	DM2023	0	0	0	0	0
	Total	0	0	0	455	Alexiz Lewis	DM2023	0	0	0	0	0
100	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
110	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
SHW	Squat	100	Roll, Kerstin	DM 2015	0	0	0	0	0	0	0	0
	Bench	92,5	Patricia Luxner	EM 2018	0	0	0	0	0	0	0	0
	Dead	140	Patricia Luxner	EM 2018	0	0	0	0	0	0	0	0
	Total	280	Roll, Kerstin	DM 2015	0	0	0	0	0	0	0	0

GPU-Rekorde

Age Class: M-2	Classic Raw			Raw			Single Ply			Multi Ply		
44	Squat	0		0	0	0	0	0	0	0	0	0
	Bench	0		0	0	0	0	0	0	0	0	0
	Dead	0		0	0	0	0	0	0	0	0	0
	Total	0		0	0	0	0	0	0	0	0	0
48	Squat	0		0	0	0	0	0	0	0	0	0
	Bench	0		0	0	0	0	0	0	0	0	0
	Dead	0		0	0	0	0	0	0	0	0	0
	Total	0		0	0	0	0	0	0	0	0	0
52	Squat	0		0	0	0	0	0	0	0	0	0
	Bench	0		0	0	0	0	0	0	0	0	0
	Dead	0		0	0	0	0	0	0	0	0	0
	Total	0		0	0	0	0	0	0	0	0	0
56	Squat	80	Svitlana Mednikova	DM 2019	0	0	0	0	0	0	0	0
	Bench	50	Svitlana Mednikova	DM 2019	0	0	0	0	0	0	0	0
	Dead	95	Svitlana Mednikova	DM 2019	0	0	0	0	0	0	0	0
	Total	225	Svitlana Mednikova	DM 2019	0	0	0	0	0	0	0	0
60	Squat	0		0	0	0	0	0	0	0	0	0
	Bench	0		0	0	0	0	0	0	0	0	0
	Dead	0		0	0	0	0	0	0	0	0	0
	Total	0		0	0	0	0	0	0	0	0	0
67,5	Squat	0		0	0	0	0	0	0	0	0	0
	Bench	0		0	0	0	0	0	0	0	0	0
	Dead	0		0	0	0	0	0	0	0	0	0
	Total	0		0	0	0	0	0	0	0	0	0
75	Squat	100	Katrin Ribb	DM 2020	100	Katrin Ribb	DM 2020	0	0	0	0	0
	Bench	100	Katrin Ribb	DM 2020	95	Katrin Ribb	DM 2020	0	0	0	0	0
	Dead	150	Katrin Ribb	DM 2020	150	Katrin Ribb	DM 2020	0	0	0	0	0
	Total	350	Katrin Ribb	DM 2020	345	Katrin Ribb	DM 2020	0	0	0	0	0
82,5	Squat	0		0	0	0	0	200	Halla Rún Friðriksdóttir	EM 2017	0	0
	Bench	0		0	0	0	0	135	Halla Rún Friðriksdóttir	EM 2017	0	0
	Dead	120		0	0	0	0	200	Halla Rún Friðriksdóttir	EM 2017	0	0
	Total	0		0	0	0	0	535	Halla Rún Friðriksdóttir	EM 2017	0	0
90	Squat	0		0	0	0	0	0	0	0	0	0
	Bench	0		0	0	0	0	0	0	0	0	0
	Dead	0		0	0	0	0	0	0	0	0	0
	Total	0		0	0	0	0	0	0	0	0	0
100	Squat	0		0	0	0	0	0	0	0	0	0
	Bench	0		0	0	0	0	0	0	0	0	0
	Dead	0		0	0	0	0	0	0	0	0	0
	Total	0		0	0	0	0	0	0	0	0	0
110	Squat	0		0	0	0	0	0	0	0	0	0
	Bench	0		0	0	0	0	0	0	0	0	0
	Dead	0		0	0	0	0	0	0	0	0	0
	Total	0		0	0	0	0	0	0	0	0	0
SHW	Squat	0		0	0	0	0	0	0	0	0	0
	Bench	0		0	0	0	0	0	0	0	0	0
	Dead	0		0	0	0	0	0	0	0	0	0
	Total	0		0	0	0	0	0	0	0	0	0

GPU-Rekorde

Age Class: M-3	Classic Raw			Raw			Single Ply		Multi Ply		
44	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
48	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
52	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
56	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
60	Squat	115	Heidrun Woltjen	EM 2017	0	0	0	0	0	0	0
	Bench	52,5	Heidrun Woltjen	DM 2017	0	0	0	0	0	0	0
	Dead	130	Heidrun Woltjen	EM 2017	0	0	0	0	0	0	0
	Total	287,5	Heidrun Woltjen	DM 2017	0	0	0	0	0	0	0
67,5	Squat	87,5	Heidrun Woltjen	DM 2016	0	0	0	0	0	0	0
	Bench	45	Heidrun Woltjen	DM 2016	0	0	0	0	0	0	0
	Dead	100	Heidrun Woltjen	DM 2016	0	0	0	0	0	0	0
	Total	232,5	Heidrun Woltjen	DM 2016	0	0	0	0	0	0	0
75	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
82,5	Squat	0	0	0	100	Katrin Ribb	DM2021	0	0	0	0
	Bench	0	0	0	110	Katrin Ribb	DM2021	0	0	0	0
	Dead	120	0	0	160	Katrin Ribb	DM2021	0	0	0	0
	Total	0	0	0	370	Katrin Ribb	DM2021	0	0	0	0
90	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
100	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
110	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0
SHW	Squat	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0

GPU-Rekorde

Age Class: M-4	Classic Raw			Raw			Single Ply			Multi Ply		
44	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
48	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
52	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
56	Squat	115,5	Heidrun Woltjen	DM2022	115	Heidrun Woltjen	IPL World Cup 2022	0	0	0	0	0
	Bench	55	Heidrun Woltjen	DM2022	55	Heidrun Woltjen	IPL World Cup 2022	0	0	0	0	0
	Dead	140	Heidrun Woltjen	DM2022	142,5	Heidrun Woltjen	IPL World Cup 2022	0	0	0	0	0
	Total	310,5	Heidrun Woltjen	DM2022	312,5	Heidrun Woltjen	IPL World Cup 2022	0	0	0	0	0
60	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
67,5	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
75	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
82,5	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	120	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
90	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
100	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
110	Squat	0	0	0	0	0	0	0	0	0	0	0
	Bench	0	0	0	0	0	0	0	0	0	0	0
	Dead	0	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	0	0	0	0	0
SHW	Squat	90	Schwade, Kirsten	ODC 2014	0	0	0	120	Anita Riedl	DM2021	0	0
	Bench	77,5	Schwade, Kirsten	ODC 2014	0	0	0	80	Anita Riedl	DM2021	0	0
	Dead	125	Schwade, Kirsten	ODC 2014	0	0	0	120	Anita Riedl	DM2021	0	0
	Total	292,5	Schwade, Kirsten	ODC 2014	0	0	0	320	Anita Riedl	DM2021	0	0

GPU-Rekorde

Age Class: M-5	Classic Raw	Raw	Single Ply	Multi Ply
44	Squat	0 0 0	0	0 0 0
	Bench	0 0 0	0	0 0 0
	Dead	0 0 0	0	0 0 0
	Total	0 0 0	0	0 0 0
48	Squat	0 0 0	0	0 0 0
	Bench	0 0 0	0	0 0 0
	Dead	0 0 0	0	0 0 0
	Total	0 0 0	0	0 0 0
52	Squat	0 0 0	0	0 0 0
	Bench	0 0 0	0	0 0 0
	Dead	0 0 0	0	0 0 0
	Total	0 0 0	0	0 0 0
56	Squat	0 0 0	0	0 0 0
	Bench	0 0 0	0	0 0 0
	Dead	0 0 0	0	0 0 0
	Total	0 0 0	0	0 0 0
60	Squat	0 0 0	0	0 0 0
	Bench	0 0 0	0	0 0 0
	Dead	0 0 0	0	0 0 0
	Total	0 0 0	0	0 0 0
67,5	Squat	0 0 0	0	0 0 0
	Bench	0 0 0	0	0 0 0
	Dead	0 0 0	0	0 0 0
	Total	0 0 0	0	0 0 0
75	Squat	0 0 0	0	0 0 0
	Bench	0 0 0	0	0 0 0
	Dead	0 0 0	0	0 0 0
	Total	0 0 0	0	0 0 0
82,5	Squat	0 0 0	0	0 0 0
	Bench	0 0 0	0	0 0 0
	Dead	120 0 0	0	0 0 0
	Total	0 0 0	0	0 0 0
90	Squat	0 0 0	80	Kirsten Schwade WM 2016 0 0 0
	Bench	0 0 0	90	Kirsten Schwade WM 2016 0 0 0
	Dead	0 0 0	112,5	Kirsten Schwade WM 2016 0 0 0
	Total	0 0 0	278	Kirsten Schwade WM 2016 0 0 0
100	Squat	0 0 0	0	0 0 0
	Bench	0 0 0	0	0 0 0
	Dead	0 0 0	0	0 0 0
	Total	0 0 0	0	0 0 0
110	Squat	0 0 0	0	0 0 0
	Bench	0 0 0	0	0 0 0
	Dead	0 0 0	0	0 0 0
	Total	0 0 0	0	0 0 0
SHW	Squat	0 0 0	111	Schwade, Kirsten WM 2015 0 0 0
	Bench	0 0 0	100	Schwade, Kirsten WM 2015 0 0 0
	Dead	0 0 0	112,5	Schwade, Kirsten WM 2015 0 0 0
	Total	0 0 0	321	Schwade, Kirsten WM 2015 0 0 0

GPU-Rekorde

Age Class: M-6	Classic Raw	Raw	Single Ply	Multi Ply
44	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
48	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
52	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
56	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
60	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
67,5	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
75	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
82,5	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	120 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
90	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
100	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
110	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
SHW	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0

GPU-Rekorde

Age Class: M-7	Classic Raw	Raw	Single Ply	Multi Ply
44	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
48	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
52	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
56	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
60	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
67,5	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
75	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
82,5	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	120 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
90	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
100	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
110	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
SHW	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0

GPU-Rekorde

Age Class: M-8	Classic Raw	Raw	Single Ply	Multi Ply
44	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
48	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
52	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
56	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
60	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
67,5	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
75	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
82,5	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	120 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
90	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
100	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
110	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0
SHW	Squat	0 0 0	0 0 0	0 0 0
	Bench	0 0 0	0 0 0	0 0 0
	Dead	0 0 0	0 0 0	0 0 0
	Total	0 0 0	0 0 0	0 0 0